

MEMORIAL UNIVERSITY RECREATION COMPLEX INC.
OPERATIONAL POLICY

OP. 21 Spike Usage - Field House Track

PURPOSE

This policy defines the terms and conditions of the use of track shoes with spikes in the Field House.

SCOPE

This policy applies to all users of the track facility at The Works.

POLICY STATEMENT

- I. General use of spikes is not permitted under any circumstance.
- II. Spikes may be authorized for use for official track meets and only under the following conditions:
 - a. Only 3-millimeter cones/spikes are to be worn.
 - b. Track athletes attending the meet will sign The Works contract/waiver regarding spike usage before being permitted to race.
 - c. Track athletes will agree to have their shoes/spikes inspected upon arrival to the Field House.
 - d. Spikes will be worn for the race only. Spikes will be removed immediately following the race.
 - e. Spikes will be worn on the track only.
- III. MUN Varsity Track & Field Athletes are permitted to use spikes at the discretion of the Manager of Fitness
- IV. Violation of this policy will result in the denial of spike privileges.

AUTHORITY

The Manager of Fitness is responsible to the Director/General Manager for the communication and administration of this policy.

RESPONSIBILITY

Facility Supervisors and Fitness Leaders are responsible for enforcing this policy at all times and reporting any violations to the Manager of Fitness.